

**Chapter Spring Business Meeting
Saturday, April 17, 2010
Noon - 1:00 pm**

St. Luke's Meridian Medical Center,
520 S. Eagle Rd, Meridian, ID 83642
Lemhi and Blackfoot Rooms

*Lunch included with con-ed fee. A donation will be
requested from others.*

Members will vote on a proposed by-law change. Under the current by-laws only three board members need be present to constitute a quorum. The board believes this is too few and proposes an increase to two thirds of filled board positions.

Current language: The Board of Directors shall meet no less than once a year. The president may call a special meeting of the Board of Directors and shall call a special meeting on the written request of two board members. Written notice of all meetings shall be mailed to all members of the Board of Directors not later than (10) days before the date fixed for the meeting. ~~Three members shall constitute a quorum.~~

When a decision is needed between meetings of the Board of Directors, voting may be conducted by mail, fax, or conference call.

Proposed change: **Two thirds of the filled board positions shall constitute a quorum**

Idaho Physical Therapy Association's
Winter 2010 Newsletter
The Idaho Insight
is now on-line at www.ptidaho.org.
**No hard copy of this edition will be
published**



Idaho Physical Therapy Assn.

A Chapter of



SPRING MEETING

St. Luke's Meridian Medical Center,
Meridian, Idaho
Sat/Sun. April 17/18, 2010

**Chapter Spring Business Meeting
Saturday, April 17, 2010
Noon- 1:00 pm.**

**A TWO-DAY COURSE
for PTs and PTAs**

Sat. and Sun. April 17/18, 2010

**Differential Diagnosis for
Physical Therapists**

Presented by Catherine C. Goodman,
PT, MBA, CBP

REGISTER ON-LINE
Take link from www.ptidaho.org

Differential Diagnosis for Physical Therapists

Screening for Referral - 4/17/2010

8:00-11:45 am. 1:15-5:00 pm.

Cancer Screening/Prevention - 4/18/10.

8:00 am - Noon. 1:00-5:00 pm.

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Why You Should Attend This Two-Day Course

Day 1. Physical therapists must be able to identify signs and symptoms of systemic disease that can mimic neuromusculoskeletal dysfunction. The instructional focus is on developing advanced clinical reasoning skills. The course will build on concepts of evidence-based clinical practice as they are used to identify conditions that might mimic musculoskeletal dysfunction.

Day 2. Cancer screening is a major part of the overall screening process. Anyone with a medical history of cancer is at risk for cancer recurrence. The course will review terminology, epidemiology and the metastatic process. A cognitive processing-reasoning orientation will be utilized throughout the course. Case studies will be used to integrate screening information in determining a physical therapy diagnosis and making decisions regarding intervention versus referral.

Day 1. Screening for Referral

Participants will learn a five-step process for conducting a screening exam, will understand physical therapy diagnosis in medical screening evaluations of clients and will review red flag signs and symptoms requiring further evaluation. You will learn how to incorporate *The Guide* into the medical screening process and be able to identify signs and symptoms of systemic origin affecting the back, and shoulder. You will also learn the referred pain patterns originating from visceral organs, how to identify hidden health problems in today's health care environment and identify which conditions require medical referral.

Agenda - Day 1

Today's Therapist and Health Care Environment
Basic Premise/Reasons for Medical Screening
PT's Diagnosis ~ The Guide (5 Elements)
Decision-Making Model, History, Risk Factor

Assessment, Clinical Presentation (Pain

Patterns/Signs and Symptoms)

Associated Signs and Symptoms

Systems Review vs. Review of Systems

Red Flags: Age, multiple comorbidities, history of cancer, ethnicity, gender, insidious onset, constant pain, bilateral symptoms, constitutional symptoms, vital signs, assault/domestic violence/elder abuse, substance use and abuse.

Caffeine, tobacco products, alcohol and other drugs.

Medications Side Effects: What to watch out for

Factors to consider (ethnicity, gender, age, etc.)

Two major groups: Psycho tropics and NSAIDs

Day 2. Cancer Screening and Prevention

The instructional focus is to develop advanced clinical reasoning skills to determine a client's appropriateness for physical therapy. Cancer can present as primary neck, shoulder, chest, upper back, hip, groin, pelvic, sacroiliac or low back pain/symptoms. The therapist must know how and what to look for to screen for cancer. Upon completion of day 2, you will be able to identify basic metastatic process and the systems most often affected by cancer metastasis in a physical therapist practice; name the most common risk factors for cancer; describe the corresponding clinical manifestations of each system affected by cancer metastasis and list clinical signs and symptoms corresponding to paraneoplastic syndromes.

Agenda - Day 2

Overview of the Screening Process, Cancer Statistics
Risk Factors and Red Flags, Risk Reduction,
Clinical Manifestations of Malignancy, Mechanisms of
Cancer Metastases, 4 Systems Affected
Paraneoplastic Syndrome, Screening for Skin Cancer
Hand and Nail bed Assessment, Screening for Breast
Cancer.

Instructor: **Catherine C. Goodman, P.T., M.B.A., C.B.P.** was a pediatric specialist during her first 10 years of clinical practice. To keep current on her orthopedic skills she served in the U.S. Army Reserves in an orthopedic setting for eight years.

She has over 30 years of experience in a variety of clinical settings including pediatrics, orthopedics, private practice, home health care, acute care, inpatient/rehabilitation, hospital out-patient services, and in a hand clinic. She developed a Clinical Medicine course including the textbook *Differential Diagnosis in Physical Therapy (DDPT)* while serving as the director of the University of Montana Physical Therapy Clinic

and on faculty at the University of Montana School of Physical Therapy. *DDPT* is now in its third edition and was voted the 2007 Physical Therapy Book of the Year by Doody Enterprises. This text will be used in the course and can be downloaded at www.ptidaho.org.

Ms. Goodman is a medical writer for Medical Multimedia Group and a Faculty Affiliate at the University of Montana. She is a certified BodyTalk practitioner at the Guardian Oncology and Wellness Center (GOCW) in Missoula, Montana (www.drjudyschmidt.com and co-author of a second textbook *Pathology: Special Implications for the Physical Therapist*, 3rd ed. (2009).

Contact Hours: 14 hours

Course Fee: Includes lunch Saturday.

APTA Members: PT - \$425.00 PTA's \$375.00

Student Members *enrolled in full-time entry level PT or PTA Program* - \$300.00.

ALL NON-MEMBERS - \$575.00.

IMPORTANT HANDOUT INFORMATION.

The COURSE MANUAL will be available at www.ptidaho.org after 3/10/10 Please download this manual if you wish to have it at the course. A shortened summary will be provided at the course.

REGISTRATION

On-line: Pay by check or credit card. Take secure link from www.ptidaho.org.

By mail: Mail check, payable to IPTA, with name, E-mail address, street address and telephone number to 4220 Bodenheimer Street, Boise, ID 83703

Accommodation: Courtyard by Marriott, Boise West Meridian Hotel, 1789 S. Eagle Road, Meridian, 83642 has a group rate of \$84.00 plus 8% tax (includes breakfast) Call 208/888-0800 by 4/2/2010 and **request IPTA rate.**

Information:

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