



Section on Pediatrics

American Physical Therapy Association

Providing School-Based Physical Therapy

Under the Individuals with Disabilities Education Improvement Act of 2004 (IDEA)

13 Contact Hours

July 9 & 10, 2010

Portland, Oregon

Program Description

The *Providing School-Based Physical Therapy Under the Individuals with Disabilities Education Improvement Act of 2004 (IDEA)* course will provide information on the delivery of physical therapy services and decision-making that is necessary to support a free and appropriate public education for all children. The nationally recognized speakers will address the content of IDEA Part B and school-based service delivery issues.

Audience

This 2-day program is intended for physical therapists that provide, or intend to provide, related services in schools.

Course Objectives

Participants will be able to:

- discuss the salient features of IDEA that affect physical therapy to children under Part B;
- describe the effect of other federal legislation on providing school-based physical therapy services;
- make decisions regarding eligibility for services, service delivery strategies and methodology, and conflict resolution under IDEA; and
- make appropriate decisions regarding intervention, assistive technology, and transition services

The content of the 2010 School-Based Physical Therapy course will be updated from our previous four conferences; however, repeated attendance is not encouraged.

About the Speakers

Nancy A Cicirello, PT, MPH, EdD

Dr Cicirello is an associate professor in the School of Physical Therapy at Pacific University. She initiated her clinical experience in Oregon and Washington more than 35 years ago. She was a Peace Corps volunteer in the Fiji Islands. Upon receiving her MPH (Maternal and Child Health) from UNC-Chapel Hill, she worked as a PT consultant with the Oregon Department of Education. She has served as the APTA Section on Pediatrics Oregon state representative, the western regional director, the section's governmental affairs chair which included lobbying in DC and currently serves on the APTA Continuum of Care Task Force. Dr Cicirello assisted in establishing the first APTA credentialed pediatric therapy residency at Oregon Health Sciences University. She has received the Oregon Chapter's Mercedes Weiss Service Award and Section on Pediatrics' Anniversary Award. She has presented nationally and

internationally on inter-professional education, especially in working with children with disabilities and their families.

Toni Doty, PT, MS, PCS

Ms Doty is a Pediatric Certified Specialist who has worked in the schools for more than 19 years. She received her BS in Physical Therapy from Ohio State University and her post professional MS in physical therapy from the University of Oklahoma. She is currently a PhD candidate in Special Education-Transition Leadership from Kent State University. Toni is also the Recreation/Fitness Coordinator for Center for Innovation in Transition and Employment at Kent State University. She has been both a clinical instructor and adjunct faculty throughout her career; and she serves as the chair of the Section on Pediatrics Adults/Adolescents with Developmental Disabilities Special Interest Group, the pediatric chair for the Taskforce on Lifelong Disabilities, and is a member of the Section on Pediatrics Practice Committee.

Susan K Effgen, PT, PhD, FAPTA

Dr Effgen is a professor and former Director of the Rehabilitation Sciences Doctoral Program at the University of Kentucky, and founding director of the first pediatric physical therapy doctoral program in the nation at Hahenmann University in Philadelphia. She is an established educator and researcher in pediatric physical therapy and is a Catherine Worthingham Fellow of the APTA. As co-chair of the APTA's Section on Pediatrics Government Affairs Committee, she was active in the authorization and reauthorization process of IDEA. She has served on several editorial boards, including *Physical Therapy*, and has edited the text *Meeting the Physical Therapy Needs of Children*. She has received the Section on Pediatrics' Bud DeHaven Award for Extraordinary Service to Section and the Advocacy Award. She is the founding chair of the Section on Pediatrics School-Based Special Interest Group.

Maria A Jones, PT, PhD, ATP

Dr Jones is a clinical assistant professor in the Department of Rehabilitation Sciences, College of Allied Health at the University of Oklahoma Health Sciences Center. She is credentialed as an Assistive Technology Practitioner (ATP) through the Rehabilitation Engineering and Assistive Technology Society of North America (RESNA). Dr Jones teaches post-professional courses in assistive technology and has made many presentations to professional audiences. She consults with SoonerStart, Oklahoma's early intervention program, the Oklahoma State Department of Education, the Oklahoma Developmental Disabilities Services Division, and the Oklahoma Health Care Authority in the area of assistive technology and service provision for people with developmental disabilities.

Toby Long, PT, PhD, FAPTA

Dr Long is the Director of Training and the Division of Physical Therapy at the Center for Child and Human Development, Georgetown University, Washington, DC. She is an Associate Professor in the Department of Pediatrics. She is the Coordinator for the DC Infants and Toddlers with Disabilities Division (DCITDD), Comprehensive System of Personnel Development program. She has provided training to pre and post professional students for the last 25 years. She has been the Project Director on four training programs for early intervention providers. She is a faculty member at the University of Indianapolis, Rocky Mountain University, and University of Maryland. She is a past President, APTA Section on Pediatrics, and is a Catherine Worthingham Fellow of the APTA. She was the Training Director of a National Institute on Disability and Rehabilitation Research and Training Center and is currently the Training Director for the Leadership Education in Neurodevelopmental Disabilities (LEND) program. Dr Long is an internationally known speaker on service delivery to children with disabilities and special health care needs and author of *The Handbook of Pediatric Physical Therapy*.

Irene McEwen, PT, PhD, FAPTA

Dr McEwen holds the Ann Taylor Chair in Pediatrics and Developmental Disabilities in Physical Therapy in the Department of Rehabilitation Sciences at the University of Oklahoma Health Sciences Center. She teaches pediatrics, evidence-based practice, and research in the department's professional occupational

therapy and physical therapy programs and the postprofessional program in rehabilitation sciences. She is project director of a training grant from the US Department of Education that provides a Web-based doctor of science degree program in early intervention, school-based practice, and assistive technology for physical therapists and occupational therapists. She has published and conducted research related to school-based practice and assistive technology for children with severe disabilities. She is a Catherine Worthingham Fellow of the APTA.

Justin Moore, PT, DPT

Dr Moore is Vice President, Government and Payment Advocacy, at APTA. He has served APTA as the Associate Director of State Relations in the Government Affairs Department, Associate Director of Federal Legislative Affairs, and Director of Congressional Affairs. Prior to joining APTA, Justin was a staff physical therapist at Borgess Medical Center in Kalamazoo, MI, and at Sparrow Health System in East Lansing, MI. Dr Moore's legislative leadership has been recognized by APTA's Section on Pediatrics with their 2004 Distinguished Service Award and APTA's Health Policy and Administration Section with their R Charles Harker, Esq, Policy Maker Award.

Lisa Protsman, PT, PhD

Dr Protsman is a pediatric therapist working in early intervention and school-based therapy at NWRESO in Oregon. She has a PhD in Kinesiology with an emphasis in motor learning and motor control. She has taught at Texas Woman's University, Idaho State, and University of Texas at El Paso. She serves on the statewide working group for students with Orthopedic Impairments and is part of the writing group to revise the state informational manual for OT's and PT's Providing Therapy under IDEA in Oregon. She participated in a subcommittee to revise the administrative rules for the Oregon Physical Therapy Practice Act to better encompass the role and responsibilities of school-based therapists, and has undertaken a study of state practice acts to identify potential areas of challenges or conflict to school-based practice. She has served as a Section on Pediatrics regional representative.

Mary Jane Rapport, PT, DPT, PhD

Dr Rapport is a professor in the Department of Physical Medicine and Rehabilitation and the Department of Pediatrics at the University of Colorado Denver where she is the Assistant Director of the Physical Therapy Program. She teaches and provides administrative support in both the entry-level and Transition Doctor of Physical Therapy Programs. She also teaches in the OT and PT graduate programs at Rocky Mountain University of the Health Professions. Dr Rapport has extensive experience as an educator and as a pediatric physical therapist, and she has a productive record of publications along with a commitment to serve the profession. The legal provisions for special education and related services have encompassed much of Dr Rapport's research, writing, and teaching during her career. She received the APTA Lucy Blair Service Award.

The presenters and planning committee reserve the option of changing the presenters and order of presentations based on speaker needs and travel arrangements.

Course Schedule

Friday, July 9, 2010

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|------------------------|--|
| 8:30 – 8:45 am | Welcome
Nancy A Cicirello, PT, MPH, EdD, Susan Effgen, PT, PhD, FAPTA, &
Lisa Protsman, PT, PhD |
| 8:45 – 10:00 am | Laws, Regulations, and Court Decisions that Impact our School-Based Practice
Mary Jane Rapport, PT, DPT, PhD |

This session will provide an overview of federal law, state, and local policy and the influence of each on the delivery of physical therapy as a related service to children with disabilities in school. Discussion will focus on the primary federal laws, specific regulations related to physical therapy in schools, and recent judicial decisions that influence services under the IDEA.

10:00 - 10:15 am Break

10:15 – 11:45 am Making Decisions About Physical Therapy Services Under IDEA

Irene McEwen, PT, PhD, FAPTA

Exploration of a variety of elements therapists should consider when making decisions about school-based physical therapy services, including a student's need for therapy and goals, interventions, models of service delivery, and location of therapy.

11:45 – 12:45 pm Lunch and networking

12:45 - 2:15 pm What Are the Choices for Intervention and Is My Intervention Working?

Nancy A Cicirello, PT, MPH, EdD & Lisa Protsman PT, PhD

Exploration of various intervention strategies and approaches when providing service under IDEA through selected case examples. Theoretical approaches, documentation, and data collection procedures that are educationally relevant and support IEP goals and objectives will be discussed as will the contextual use of evidenced based practice within the ICF model.

2:15 – 2:30 pm Break

2:30 - 3:45 pm Resolving Disagreements and Conflicts to Benefit the Student

Susan Effgen, PT, PhD, FAPTA

Discussion of the characteristics of effective team collaboration and the various processes available to all team members to resolve disputes, including issues on service over utilization, ethical concerns, state practice acts, and the APTA Standards of Practice.

3:45 - 4:45 pm Professional and Governmental Connections: APTA Helps Us to Be Better Advocates

Justin Moore, PT, DPT

Discussion of federal laws, rules, regulations, No Child Left Behind, IDEA, and the concept of the therapist as a related service provider in schools. The role of APTA as a professional organization and advocate for PTs in federal and state legislation will be described and tips for becoming a better advocate will be highlighted. The up coming re-authorization of IDEA will be discussed.

Saturday, July 10, 2010

8:15 – 8:30 am Welcome

8:30 – 10:00 am Assistive Technology to Support the Education of All Children

Maria Jones, PT, PhD, ATP

Presentation of the legal mandates for assistive technology (AT) and the role of the PT in exploring AT options through a decision-making framework. Basic funding opportunities for securing AT will be explored.

10:00 – 10:15 am Break

10:15 – 11:30 am Break Out Sessions

- **Clinical Decision Making Framework:** Toby Long, PT, PhD, FAPTA
- **Power Mobility:** Maria Jones, PT, PhD, ATP
- **Implementing Change in Your District: Advocacy Is Our Responsibility:** Mary Jane Rapport, PT, DPT, PhD
- **Job Development & Providing Supports:** Toni Doty, PT, MS, PCS
- **Workload Determinations:** Susan Effgen, PT, PhD, FAPTA
- **Aligning PT State Practice Acts and IDEA:** Lisa Protsman PT, PhD
- **Determining Eligibility and Frequency and Intensity of Services:** Irene McEwen, PT, PhD, FAPTA

11:30 - 12:30 pm Faculty Panel Discussion

Facilitated by Susan Effgen, PT, PhD, FAPTA

Open forum/question-and-answer session for participants to discuss issues, concerns, and possible solutions to overcome the challenges in providing contemporary service provision under IDEA.

12:30 – 1:30 pm Lunch and networking

1:30 – 3:00 pm Interventions for the Adolescent/Young Adult: Preparation for Transition from School to Adulthood and Adult Services

Toni Doty, PT, MS, PCS

Discussion of how the transition mandates of IDEA 2004 apply to school-based physical therapists. Participants will learn how to use available evidence to become integral team members and improve postsecondary outcomes of students with disabilities by exploring issues of student centered transition planning, interagency collaboration, role of the physical therapist, evaluation procedures, and community based intervention within the IEP process.

3:00 – 3:15 pm Break

3:15 – 4:45 pm Examination, Evaluation, and Assessment in School-Based Settings

Toby Long, PT, PhD

Presentation of best practice in examination and assessment in school-based settings for children with disabilities. The advantages and disadvantages of various assessment tools will be discussed.

Accommodations and Conference Facilities

Conference Site: Northwest Regional Education Service District - NWRESD

5825 NE Ray Circle, Hillsboro, OR 97124

503/614-1484 or 1-888-9907500, ext 1484 (toll free in Oregon)

Accommodations: Holiday Inn Express (across the parking lot from conference site)

5900 NE Ray Circle, Hillsboro, OR 97124

Hotel Phone: 503/844-9696, Hotel Fax: 503/844-6988; Hotel Web site: www.hiexpress.com/hillsboroor

A block of rooms at a special conference rate of \$96 plus tax/night for a double room (\$10 for each additional person) is being held at the Holiday Inn Express, with complimentary breakfast.

For reservations, please call 503/844-9696. Indicate the Group Blocking Code: **ESD**. Reservations received after 06/18/10 will be provided on a space available basis only. Due to other area activities, you are strongly encouraged to make reservations as soon as possible to ensure room availability.

Transportation and Directions

Portland Airport (PDX) to hotel

Distance: 25 MI / 40.23 KM South West to Hotel

Shuttle Charge (one way): \$50

Taxi Charge (one way): \$60. Time by taxi: 35-50minutes

Train Charge (one way): \$4. Time by train: 45 minutes

Driving Directions to hotel: From Portland Int'l: Take I-205 South to I-84 West. I-84 West to I-5/ I-405 South. I-5/I-405 South to Hwy 26 West towards Beaverton. Take Hwy 26 West to exit 62-A. (Cornelius Pass Rd. South) and follow Cornelius Pass Rd. Turn right onto Cornell Rd. and continue passed Orenco Station Pkwy to Ray Circle. Turn left on Ray Circle and hotel is on the left.

Light rail Train from PDX airport to Hillsboro

Ground Transportation Train Charge (one way) from PDX: \$4. Time by train: 45 minutes

Take Red line to Beaverton Transit Center or downtown Portland then transfer to Blue Hillsboro line to

Station Name: Orenco Station Max Light rail

Hotel Distance from Orenco Station: 0.1 MI / 0.16 KM East to Hotel

Taxi Fee From Train Station: \$5

For trip planning use www.trimet.org.

Directions to hotel: Go north (approximately 3 blocks) to Cornell intersection. Then turn Left on Cornell for another 3 blocks, and then left on Ray Circle. Hotel will be on your left ½ block.

Area Attractions (within a 2-2.5 hour drive of conference site)

- Haystack Rock at Cannon Beach (Pacific coastline)
- Maritime Museum in Astoria (north coastline)
- Multnomah Falls (20 miles east of PDX airport)
- Portland Zoo
- Mt Hood - Timberline Lodge
- Columbia Gorge
- Japanese Garden
- Chinese Garden
- Rose Garden – Portland is the Rose City and known for its test gardens
- Variety of local microbreweries and wineries

CONFERENCE REGISTRATION FORM

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Education Improvement Act of 2004 (IDEA)
July 9 & 10, 2010
Portland, Oregon**

Registration Deadline: June 9, 2010, Late fee of \$50 after June 9, if space available

APTA Membership Number: _____
Name: _____
Address: _____
Daytime Phone: _____ Fax: _____
E-mail: _____
Agency Name (if applicable): _____

Course Fees:

____ Section on Pediatrics APTA Members: \$250 (2 days, includes breaks and handouts)
____ Non-Section APTA Members: \$310
____ Non-APTA Members: \$380
____ Become a member of the Section on Pediatrics: \$55 (registration fee of \$250 applies)
____ Late fee: \$50 for registration after June 9, 2010 (if space is still available)

Total Enclosed \$ _____

____ Please have a copy of the 2nd edition of *Providing Physical Therapy Services Under Parts B & C of IDEA* (published February 2009) available for me to purchase at the conference. (Cost: \$37 Section members, \$42 non-Section APTA members, \$70 non-APTA members.) Can also order online at www.pediatricapta.org.

Payment:

Checks should be made payable to the APTA Section on Pediatrics and be mailed with your registration form to:
Course Registrar
Section on Pediatrics, APTA
PO Box 327
Alexandria, VA 22313

For credit card payment, charge my: ____ MasterCard ____ Visa ____ American Express

Card Number: _____ Expiration Date: _____

Signature: _____

Those paying by credit card may fax this registration form to the Section on Pediatrics at 703/ 706-8575 or call Latascha Magness at 800/999-2782, ext 8588.

Refund Policy: The Section reserves the right to cancel this event, in which case all monies paid will be reimbursed. If you need to cancel your registration, please send a request in writing to the above address by June 9, 2010, and allow 4 weeks for full reimbursement. No refunds will be allowed after this date.

NOTE: Attendance for this course is limited and will be handled on a first-come, first serve basis.